

# WALPOLE PUBLIC SCHOOLS



## Walpole School Nutrition

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Dear Extended Day Parents:

We are as committed as ever to the academic success of all of our students. The first and best tool that we can use to make sure all of our students are successful in school is to guarantee that each child begins the day with a healthy and nutritious breakfast – at home or at school.

We want to let you know that the School Nutrition Program here at Walpole will continue to offer our Breakfast Program to our Extended Day students every weekday morning. No advanced registration is necessary.

Cost of this nutritious breakfast will be \$2.25. **Please note children who are eligible to receive free or reduced meals automatically qualify to receive free or reduced breakfast.** To apply on-line for meal benefits [Click Here!](#) These supervised meals are nutritionally balanced, and our staff provides students with a variety of choices every day.

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have early work schedules. Oftentimes, kids are not hungry when they first wake up but are ready to eat when school begins. Whatever the reason, if breakfast at home is not convenient, please take advantage of breakfast here at school. Studies have shown that children who eat a nutritious breakfast have better behavior, better attendance, and improved test scores.

Thank you for helping us to make sure that all of our students start the school day alert, well fed and ready to learn.

Sincerely,



*Maria Hall MSRD  
Director of School Nutrition*